



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub

Blackpool CFO Activity Hub

August - Week 1



Monday 3rd

Breakfast Club and Catch Up
9 -10
 drop-in support!

Veterans Morning Muster
10:30-11:30
With Christine

A welcoming morning breakfast for Veterans to connect, share stories, and enjoy friendly support over a hot meal

Evolve Young Person's Employment
11-12
with Leah S

Attend the Youth session on interview preparation and interview skills



Tuesday 4th

Breakfast Club and Catch Up
9 -10
 drop-in support!

Women's Only

Employment Hub: CV Support & Job Search
10 -12
With Leah W

Learn how to create a professional, tailored CV that highlights your skills, experience, and achievements to improve your chances of securing interviews.



Wednesday 5th

Breakfast Club and Catch Up
9 -10
 drop-in support!

Digital College: Pathway to Logistics
10 - 12:30
with Leah S

'Sign up for Digital College and search for suitable training courses to boost skills and employability'



Thursday 6th

Breakfast Club and Catch Up
9 -10
 drop-in support!

Disclosure Support
10 - 11
with Leah W

'Support in learning about the difference between unspent and spent convictions and how to disclose your criminal conviction to an employer or friend/family.'

In-Work Support
11 - 12
with Christine

'Gain support in managing your current employment with check-ins on your wellbeing, action plans regarding any support needed for work and learn how to request reasonable adjustments for work with a referral to Access to Work.'



Friday 7th

Breakfast Club and Catch Up
9 -10
 drop-in support!

Benefits Support
10 - 12
with Leah W

'Gain support in learning what benefits you're entitled to and support in applying for these'



Blackpool CFO Activity Hub
20 Queens Street Blackpool FY1 1PD

Contacts:

Christine: 07714 916595
Leah W: 07501 627639
Leah S: 07345 417247

Open 9:30am - 5pm Monday - Friday

The hub also offers regular CBT sessions, training opportunities, funding for courses and PPE, toiletries, food and clothes.

Enrolments are needed to engage in any activities

Women's Only

Women's Only Cooking Session:
1-3
With Leah W

Learn how to plan, prepare, and cook healthy meals using low-cost ingredients.



Planting Change 'Gardening Group'
1-3pm
With Christine

This therapeutic horticulture group session will help build social skills and gain practical skills in gardening.



TIPP Blackpool Film Project
1-3pm
with Kate

Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub



TIPP Arts and Sculpture
1 - 3
with Archie

Engage in fun and creative activities through arts & sculpture, whilst bringing some arty joy to the Blackpool Hub.



'Creative Wellbeing' Art Club
1 - 3
with Leah S

A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.



Hub' Quiz and Social
3-4pm
with the Hub Staff



Women's Only: Hub Induction meet the team and enrol
1-4:30pm



Hub Induction meet the team and enrol
10-4:30pm



CBT with Aisha- Appointments only
10-3pm



Hub Induction meet the team and enrol
10-4:30pm



Through the Gate (TTG)
10-4pm





Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub

Blackpool CFO Activity Hub

August - Week 2



Monday 10th

Breakfast Club and Catch Up
9 -10
drop-in support!

Employment Hub: CV
Support & Job Search
10 - 12:30
with Leah W

Learn how to create a professional, tailored CV that highlights your skills, experience, and achievements to improve your chances of securing interviews.



"Master Chef Cooking
Lessons"
1-3pm
With Leah S

Learn how to plan, prepare, and cook healthy meals using low cost ingredients.



Hub Induction meet the team
and enrol
10-4:30pm

Tuesday 11th

Breakfast Club and Catch Up
9 -10
drop-in support!

Women's Only
Women's Wellness Circle
10:30-12:30pm
With Leah S

A group session focussing on emotional resilience, rebuilding confidence, and fostering community connection.



Planting Change
'Gardening Group'
1-3pm
With Christine

This therapeutic horticulture group session will help build social skills and gain practical skills in gardening.



Through the Gate (TTG)
10-4pm

Wednesday 12th

Breakfast Club and Catch Up
9 -10
drop-in support!

Digital College: Pathway
to Retail
10 - 12:30
with Leah W

'Sign up for Digital College and search for suitable training courses to boost skills and employability'



TIPP Blackpool Film Project
1-3pm
with Kate

Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub



CBT with Aisha-
Appointments only
10-3pm

Thursday 13th

Breakfast Club and Catch Up
9 -10
drop-in support!

Accommodation Support
& Advice
10 -11
With Christine

Receive support & guidance to transition from temporary accommodation into your own home



TIPP Arts and Sculpture
1 - 3
with Archie

Engage in fun and creative activities through arts & sculpture, whilst bringing some arty joy to the Blackpool Hub.



Hub Forum
3 - 4

Friday 14th

Breakfast Club and Catch Up
9 -10
drop-in support!

Focus on Identity
10:30 - 11:30
with Christine 
'Helping Ex-Veteran's separate their military identity from their offense and build a new, successful civilian identity'

Disclosure Support
10 - 12:30
with Leah W 
'Support in learning about the difference between unspent and spent convictions and how to disclose your criminal convictions to an employer or friend/family'

'Creative Wellbeing' Art
Club
1 - 3
with Leah S

A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.



'Hub' Quiz and Social
3 - 4
with the Hub Staff 

Drop In Session
10-4pm

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Society: Activities contributing to the community outside of the CFO Activity Hub

Blackpool CFO Activity Hub

August - Week 3



This programme is funded by HMPPS CFO

Monday 17th

Breakfast Club and Catch Up
9 -10
drop-in support!

 Veterans Morning Muster
10:30-11:30
With Christine
A welcoming morning breakfast for Veterans to connect, share stories, and enjoy friendly support over a hot meal
Employment Hub: Job Applications & Job Search
10 - 12:30
with Leah W

Gain practical support to find suitable job opportunities, complete applications effectively, and increase your chances of employment.

Women's Only

Women's Only
Cooking Session:
1-3
With Leah W

Learn how to plan, prepare, and cook healthy meals using low-cost ingredients.



Women's Only: Hub Induction
meet the team and enrol
1-4:30pm

Tuesday 18th

Breakfast Club and Catch Up
9 -10
drop-in support!

Women's Only
Employment Hub: Job Applications & Job Search
10:30-12
with Leah S
Gain practical support to find suitable job opportunities, complete applications effectively, and increase your chances of employment.


Planting Change
'Gardening Group'
1-3pm
With Christine

This therapeutic horticulture group session will help build social skills and gain practical skills in gardening.



Through the Gate (TTG)
10-4pm

Wednesday 19th

Breakfast Club and Catch Up
9 -10
drop-in support!

Digital College: Pathway to Construction
10 - 12:30
with Graham
'Sign up for Digital College and search for suitable training courses to boost skills and employability'


TIPP Blackpool Film Project
1-3pm
with Kate

Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub



CBT with Aisha-
Appointments only
10-3pm

Thursday 20th

Breakfast Club and Catch Up
9 -10
drop-in support!

Future Focus
10:30 - 12
with Leah W
'Attend a session focused on setting clear and achievable employment goals to support future career development.'


TIPP Arts and Sculpture
1 - 3
with Archie

Engage in fun and creative activities through arts & sculpture, whilst bringing some arty joy to the Blackpool Hub.



Hub Induction meet the team
and enrol
10-4:30pm

Friday 21st

Breakfast Club and Catch Up
9 -10
drop-in support!

In-Work Support
10:30 - 12
with Leah S
'Gain support in managing your current employment with check-ins on your wellbeing, action plans regarding any support needed for work and learn how to request reasonable adjustments for work with a referral to Access to Work.'

'Creative Wellbeing' Art Club
1 - 3
with Leah S

A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.



'Hub' Quiz and Social
3 - 4
with the Hub Staff



Hub Induction meet the team
and enrol
10-4pm

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Society: Activities contributing to the community outside of the CFO Activity Hub

Blackpool CFO Activity Hub

August - Week 4



Monday 24th

Breakfast Club and Catch Up
9 -10
drop-in support!

Employment Hub: Interview
Prep & Mock Interviews
10 - 12:30
with Graham

Build confidence and improve your interview skills through practical guidance, realistic interview practice, and constructive feedback to help you perform at your best.



"Master Chef Cooking
Lessons"
1-3pm
With Leah S

Learn how to plan, prepare, and cook healthy meals using low cost ingredients.



Through the Gate (TTG)
10-4pm

Tuesday 25th

Breakfast Club and Catch Up
9 -10
drop-in support!

Women's Only
Employment Hub:
Interview Prep & Mock
Interviews
10:30 - 12
with Leah W

Build confidence and improve your interview skills through practical guidance, realistic interview practice, and constructive feedback to help you perform at your best.



Planting Change
'Gardening Group'
1-3pm
With Christine

This therapeutic horticulture group session will help build social skills and gain practical skills in gardening.



Hub Forum
3 - 4

Wednesday 26th

Breakfast Club and Catch Up
9 -10
drop-in support!

Digital College: Pathway to
Construction
10 - 12:30
with Graham

'Sign up for Digital College and search for suitable training courses to boost skills and employability'



TIPP Blackpool Film Project
1-3pm
with Kate

Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub



CBT with Aisha-
Appointments only 10-
3pm

Thursday 27th

Breakfast Club and Catch Up
9 -10
drop-in support!

Exploring Employability Skills
10:30 - 12
with Leah S

'Explore key skills needed for meaningful employment, such as communication, teamwork, and time management.'



TIPP Arts and Sculpture
1 - 3
with Archie

Engage in fun and creative activities through arts & sculpture, whilst bringing some arty joy to the Blackpool Hub.



Hub Induction meet the team
and enrol
10-4:30pm

Friday 28th

Breakfast Club and Catch Up
9 -10
drop-in support!

Focus on Identity
10:30 - 11:30
with Christine
'Helping Ex-Veteran's separate their military identity from their offense and build a new, successful civilian identity'



Approved Premises
Support
11-12
with Leah W



'Receive support and guidance to transition from temporary accommodation into your own home.'

'Creative Wellbeing' Art
Club
1 - 3
with Leah S

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'Hub' Quiz and Social
3 - 4
with the Hub Staff



Drop In Session
10-4pm

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Blackpool CFO Activity Hub

August - Week 5



Monday 31st

Bank Holiday
Monday

Bank Holiday
Monday

Bank Holiday
Monday

Bank Holiday
Monday

Blackpool CFO Activity Hub
20 Queens Street Blackpool FY1 1PD

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