

July 2026

Sheffield

CFO Activity Hub




The Hub is open Monday to Friday.

Thursday and Friday is for 1:1s and drop ins.

07502 299 992















CFOEvolution@growthco.uk

Sheffield CFO Activity Hub, Ground Floor St James House, Vicar Lane, Sheffield, S1 2EX

-  Self: Activities that work on the individual
-  Relationships: Activities that work with peers/families/friends
-  Society: Activities contributing to the community outside of the CFO Activity Hub



This programme is funded by HMPPS CFO

Monday	Tuesday	Wednesday
All day 1:1 support	All day 1:1 support	All day 1:1 support
 Allotment: with Max 10am - 1pm	 Cooking on a budget: looking at diet, nutrition, money saving tips! 10am - 12:30pm	 Lego Project: Creative challenges and problem solving with Max 10am - 11am
 Enrolment and prison release support: 10am - 12pm	 Accessing online courses Fully funded and over 100 courses to choose from! 10am - 12:30pm	 Spectrum: LGBTQ+ Social and Support group with Max 11am - 12pm
 Employment Support: Create a CV and match with live vacancies with Kath 1:1 appointments available all day	 Job Club Interview skills, CV and Disclosure letters with Gareth 1pm - 3pm	 Man plan: men's mental health group with Max 1:30pm - 3:30pm
 Sports and Exercise Health, Nutrition and fitness workouts with Mark 2pm - 3pm	 Arts and Crafts: 1pm - 3pm	 Enrolment and prison release support: Meet the team! 2pm - 4pm
 Book Club: explore themes of popular fiction. New book every month with Jo 1:30pm - 2:30pm	 Enrolment and prison release support: Meet the team! 2pm - 4pm	

Open Monday to Friday. Open Monday, Tuesday and Wednesday for activities and 1:1 appointments 9:30am till 4pm

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Support available via your dedicated support worker:

- Obtaining ID
- Accommodation
- Finance/benefit/Debt
- Obtaining RTW docs
- 1:1 Employment support
- Financial support available to help you get into work!

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Drop-in Session available for 1:1 Support Monday to Wednesday

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Reception contact number: 07502 299 992

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Employment support

- Create a CV
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

Vocational courses available

Please speak to a member of staff to enquire about any of interest:

Plant Machinery
FLT
Welding
CSCS

Lots more!

CBT

Access to Cognitive Behavioural Therapy with a therapist, on a 1:1 basis to receive support around your wellbeing, thoughts and processes and trauma.

Accessing ID

Support to apply for right to work documents, when trying to find employment:

- Birth Certificate
- Citizen Card

Accessing Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.

Digital College

Access to online fully funded courses:

- Food Hygiene
- Foundation in Sales and Marketing
- Fire Safety
- An Introduction to Peer Mentoring
- Introducing the Role of a Security Guard
- ESOL English for the Workplace
- Asbestos Awareness
- COSH
- Safeguarding
- Hospitality Customer Service
- Money Sense
- Planning to start your own business
- CSCS

Access to hundreds of courses, fully funded with access to IT equipment once approved by your Probation Practitioner

The CFO Activity Hubs are a safe space. Whether you have a form you don't understand, you need support on 1:1 basis or you want to reduce your social isolation, we are here to help!