

July 2026

Leeds

CFO Activity Hub




The Hub is open Monday to Friday.

Thursday and Friday are for 1:1 and drop ins.

0113 2425522











CFOEvolution@growthco.uk

Leeds CFO Activity Hub, Unit 8 Northwest Business Park, Servia Hill, LS6 2QH

-  Self: Activities that work on the individual
-  Relationships: Activities that work with peers/families/friends
-  Society: Activities contributing to the community outside of the CFO Activity Hub



This programme is funded by HMPPS CFO

Monday	Tuesday	Wednesday
All day 1:1 support	All day 1:1 support	All day 1:1 support
Cooking on a budget: Look at diet, nutrition, money saving tips with Sussana  10:30am - 12:30pm	Employment Support: Develop employability skills with Sussana  10:30am - 12:30pm	Music Learn a new skill or hobby with James  10:30am - 12:30pm
Employment Support: Leave here with a CV and get matched to live vacancies, as well as access to online fully funded courses and IT support with Enie 13:30pm- 15:30pm Fortnightly 1:1 sessions with our trained Employment specialist to link you to live vacancies! 	Green Skills Course 10:00am - 12:00pm Indoor Green Skills 12:30pm - 14:00pm Practical Gardening Skills with Groundworks 	Independent Living Skills: Organisation & Planning Join us in the kitchen to learn how to cook with Enie!  12:30pm - 2:30pm
	Men in Mind: Men's mental health group  10:30am - 12:30pm	Money management & benefit advice Learn how to budget, manage money, better off calculator and access benefits with Simon  13:00pm - 16:00pm
	Managing Emotions Action focused group session  14:00pm - 15:00pm	Arts and Crafts Creative expression & confidence with Chloe  13:30pm - 15:30pm

Open Monday to Friday. Open Monday, Tuesday and Wednesday for activities and 1:1 appointments 9:30am till 4pm

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Support available via your dedicated support worker:

- Obtaining ID
- Accommodation
- Finance/benefit/Debt
- Obtaining RTW docs
- 1:1 Employment support
- Financial support available to help you get into work!

Drop-in Session available for 1:1 Support Monday to Friday

Reception contact number:
01132 425522

Employment support

- Create a CV
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

CBT

Access to Cognitive Behavioural Therapy with a therapist, on a 1:1 basis to receive support around your wellbeing, thoughts and processes and trauma.

Digital College

Access to online fully funded courses:
Access to hundreds of courses, fully funded with access to IT equipment once approved by your Probation Practitioner

Accessing ID

Support to apply for right to work documents, when trying to find employment:

- Birth Certificate
- Citizen Card

Additional drop in sessions

- **Kings Trust** (Age 18-30) – 6th July 13:30pm-15:30pm
- **Our Way Leeds** (Under 25's) Homeless Prevention support – 8th July 10am-13:00pm
- **Restorative Solutions** (Referral only) – 24th July 9:00am-12:00pm
- **Ingeus 121 Emotional Wellbeing Support every Thursday** (18-24's Referral only)

CSCS course running here at the Leeds CFO Activity Hub!

Dates TBC in July!

2 day course fully funded

Includes CSCS test, same day results.

Speak to a member of staff to book on!

Accessing Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.



The CFO Activity Hubs are a safe space. Whether you have a form you don't understand, you need support on 1:1 basis or you want to reduce your social isolation, we are here to help!