Huddersfield CFO Activity Hub

The Hub is open Monday to Friday.

Monday and Wednesday are for 1:1s and drop ins.

01132 425522

CFOEvolution@growthco.uk

Huddersfield CFO Activity Hub, Norwich Union House, Market Street, Huddersfield, HD1 2LR

November 2026

The Growth Company

Monday	Thursday	Friday
All day **1:1 support**	**All day** **1:1 support**	**All day** **1:1 support**
Men in Mind Men's Mental Health Group with Amrit. A supportive and relaxed space for men to talk, learn practical ways to manage emotions, improve wellbeing, build confidence, and develop positive support networks **10:30am-12:30pm**	**CBT appointments available** Speak to a member of staff for more information around Cognitive Behavioural Therapy **Week 1,2,3 - Creative Writing** Using words to bring ideas to life **10:30am - 12:30pm** **Week 4 - Music** Showcase your musical talent! **10:30am - 12:30pm**	**Employment Support:** Create a CV or Disclosure letter & preapre for job search & interviews. Come and see the variety of jobs we have with direct links to employers & support to apply **10:00am - 12:00pm** **Cooking on a budget:** Join us for a practical session looking at diet, nutrition, money saving tips and enjoy a freshly cooked meal! **11:00am - 13:00pm**
Arts and Crafts Explore creativity, build confidence, and express yourself through a variety of art activities in a welcoming and supportive environment. No experience is needed and all abilities are welcome. **13:30pm-15:30pm**	**Books, Culture & Conversation** Explore books, culture & wellbeing to encourage learning, discussion & personal growth. **13:30pm - 15:30pm** **Access to online fully funded courses:** See our leaflet for top courses! Support to explore the right course for you. **13:00pm - 15:00pm**	**Community Employment Lead 1:1s** See the variety of jobs we have with direct links to employers & support to apply **10:00am – 15:00pm**

Self: Activities that work on the individual

Relationships: Activities that work with peers/families/friends

Society: Activities contributing to the community outside of the CFO Activity Hub

CFO

This programme is funded by HMPPS CFO

Open Monday to Friday: Open Monday, Thursday and Friday for activities and 1:1 appointments 9:30am till 4pm on Tuesday and Wednesday

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Support available via your dedicated support worker:
Obtaining ID
Accomodation
Finance/benefit/Debt
Obtaining RTW docs
1:1 Employment support
Financial support available to help you get into work!

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Drop-in Session available for 1:1 Support Monday to Friday

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Reception contact number:
01132 425522

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Fully Funded CSCS Courses at the Huddersfield CFO Activity Hub!

19th and 20th November

Complete your **Level 1 Award in Health and Safety in a Construction Environment**, and sit the **CITB Health, Safety & Environment (CSCS)** test. Receive your **Green CSCS card** as well as support to apply for **live vacancies** in construction and other related roles following completion!

Additional sessions

Money management & benefit advice with DWP
Fridays **10:00am-13:00pm**

CBT

Access to Cognitive Behavioural Therapy with a therapist, on a 1:1 basis to receive support around your wellbeing, thoughts and processes and trauma.

Employment support

- Create a CV
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

Accessing ID and Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.

Support to apply for right to work documents, when trying to find employment:
Birth Certificate or Citizen Card

Digital College

Access to online fully funded courses:

- Food Hygiene
- Foundation in Sales and Marketing
- Fire Safety
- An Introduction to Peer Mentoring
- Introducing the Role of a Security Guard
- ESOL English for the Workplace
- Asbestos Awareness
- COSH
- Safeguarding
- Hospitality Customer Service
- Money Sense
- Planning to start your own business
- CSCS

Access to hundreds of courses, fully funded with access to IT equiptment once approved by your Probation Practitioner

The CFO Activity Hubs are a safe space. Whether you have a form you don't understand, you need support on 1:1 basis or you want to reduce your social isolation, we are here to help!

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