

August 2026

Sheffield

CFO Activity Hub

The Hub is open Monday to Friday.

Thursday and Friday is for 1:1s and drop ins.

07502 299 992

CFOEvolution@growthco.uk

Sheffield CFO Activity Hub, Ground Floor St James House, Vicar Lane, Sheffield, S1 2EX



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub



This programme is funded by HMPPS CFO

Monday

All day
1:1 support

 **Allotment:** with Max
10am - 1pm

 **Enrolment and prison release support:**
10am - 12pm

 **Employment Support:** Create a CV and match with live vacancies with Kath **1:1 appointments available all day**

 **Sports and Exercise** Health, Nutrition and fitness workouts with Mark
2pm - 3pm

 **Book Club:** explore themes of popular fiction. New book every month with Jo **1:30pm - 2:30pm**

Tuesday

All day
1:1 support

 **Cooking on a budget:** looking at diet, nutrition, money saving tips!
10am - 12:30pm

 **Accessing online courses** Fully funded and over 100 courses to choose from!
10am - 12:30pm

 **Job Club Interview skills, CV and Disclosure letters** with Gareth **1pm - 3pm**

 **Arts and Crafts:**
1pm - 3pm

Wednesday

All day
1:1 support

 **Lego Project:** Creative challenges and problem solving with Max
10am - 11am

 **Spectrum:** LGBTQ+ Social and Support group with Max
11am - 12pm

 **Man plan:** men's mental health group with Max
1:30pm - 3:30pm

 **Enrolment and prison release support:** Meet the team!
2pm - 4pm

Open Monday to Friday. Open Monday, Tuesday and Wednesday for activities and 1:1 appointments 9:30am till 4pm

Sheffield CFO Activity Hub

Support available via your dedicated support worker:

Obtaining ID
Accommodation
Finance/benefit/Debt
Obtaining RTW docs
1:1 Employment support
Financial support available to help you get into work!

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Drop-in Session available for 1:1 Support Monday to Wednesday

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Reception contact number:
07502 299 992

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Employment support

- Create a CV
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

CBT

Access to Cognitive Behavioural Therapy with a therapist, on a 1:1 basis to receive support around your wellbeing, thoughts and processes and trauma.

Accessing ID

Support to apply for right to work documents, when trying to find employment:

- Birth Certificate
- Citizen Card

Accessing Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.

Digital College

Access to online fully funded courses:

- Food Hygiene
- Foundation in Sales and Marketing
- Fire Safety
- An Introduction to Peer Mentoring
- Introducing the Role of a Security Guard
- ESOL English for the Workplace
- Asbestos Awareness
- COSH
- Safeguarding
- Hospitality Customer Service
- Money Sense
- Planning to start your own business
- CSCS

Access to hundreds of courses, fully funded with access to IT equipment once approved by your Probation Practitioner

Vocational courses available

Our **2-day CSCS course** is running again this month.

Thursday 20th and Friday 21st
August
9.30-16.00

All paper based, you are able to complete the H&S course and the CSCS test here.

Fully Funded!

Next course booked for October

The CFO Activity Hubs are a safe space. Whether you have a form you don't understand, you need support on 1:1 basis or you want to reduce your social isolation, we are here to help!