

- Self: Activities that work on the individual
- Relationships: Activities that work with peers/families/friends
- Society: Activities contributing to the community outside of the CFO Activity Hub

Warrington CFO Activity Hub

August Week 1



for a brew, some drop-in support

Information

Address: Second Floor, Tannery Court, Tanners Lane, Warrington, WA2 7NA

Contact Information:

Rebecca: 07586115855

Leoni: 07834173728

Zoe: 07523587114

Open 9:30am – 5pm Monday – Friday

The hub also offers regular CBT sessions, training opportunities, funding for courses and PPE, toiletries, food and clothes.

Enrolments are needed to engage with any activities.

Monday 3rd	Tuesday 4th	Wednesday 5th	Thursday 6th	Friday 7th
Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support
Future Focus 10:30am - 12pm with Brian <i>'Attend a session focused on setting clear and achievable employment goals to support future career development.'</i> Lego 12:30pm-2pm with Peer Mentor James <i>'Spend time with peers, learn skills such as problem solving, focus, task management.'</i>	Digital College 10:30-4:00 self-lead Gain new knowledge and qualification through online courses, including CSCS and Food Safety.	Bowling & Grounds Maintenance Volunteering 11am-2pm with Rebecca <i>'Give back to the local community and support the St Alban's team to look after the church grounds before enjoying some group crown green bowling games.'</i>	CGL Breakfast Drop-In 10am-12pm with Lee <i>'Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.'</i> Introduction to Cooking Skills 11am- 12:30 with Teresa <i>'Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal'</i>	Digital College 10:30-4:00 self-lead Gain new knowledge and qualification through online courses, including CSCS and Food Safety. Employment Agency Support All Day with Brian <i>Join Brian for support with linking in with employers via agencies, RTW documents and CV support</i>
Women's Only: Coffee & a Catch-Up 2:30pm-4pm with Zoe <i>'Join us for a safe space to talk, share and empower each other.'</i>	IOM Life Skills (invitation only) 11am-1pm With Rebecca <i>"Bespoke sessions such as anger management, de-escalation techniques and effective communication."</i>	18-29 Career Hub 10am-12pm with Zoe <i>'Boost your confidence job searching or prepare for an upcoming interview.'</i> Employment Hub 1pm-3pm with Leoni <i>'Boost your confidence job searching or prepare for an upcoming interview.'</i>	Creative Collaborative Workshop 11am- 1pm with TIPP <i>'An opportunity to take part in a range of creative activities, exploring imagination and building confidence.'</i> Over 50's Coffee and a Catch-Up 2pm- 3pm with Zoe <i>Join us for a safe space to talk, share and support each other.'</i>	Hub Quiz 12:30-1:30pm with Hub Staff <i>'Socialise, have fun and work within a team in our weekly hub quiz.'</i>
Through the Gate (TTG) 1-4pm	Hub Focus Group 1:30pm-2pm	CBT with Molly 10am-4pm. Appointment only.	Hub Induction meet the team and enrol 1-4:30pm	Hub Induction meet the team and enrol 1-4:30pm



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Society: Activities contributing to the community outside of the CFO Activity Hub

Warrington CFO Activity Hub

August Week 2



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Enrolments are needed to engage with any activities.

Monday 10th

Join us for a brew, some food or drop-in support



Future Focus

10:30 - 12

'Attend a session focused on setting clear and achievable employment goals to support future career development.'



Lego

12:30pm-2pm

*with Peer Mentor James
'Spend time with peers, learn skills such as problem solving, focus, task management.'*



Tuesday 11th

Join us for a brew, some food or drop-in support



Digital College Pathway to Hospitality

10:30am-12pm

Come and complete the Hospitality pathway and explore jobs with employers such as Greene King and Marstons.



Wednesday 12th

Join us for a brew, some food or drop-in support



Bowling & Grounds Maintenance Volunteering

11am-2pm
with Rebecca

'Give back to the local community and support the St Alban's team to look after the church grounds before enjoying some group crown green bowling games.'



Thursday 13th

Join us for a brew, some food or drop-in support



CGL Breakfast Drop-In

10am-12pm

with Lee

'Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.'



Introduction to Cooking Skills

11am- 12:30
with Leoni

'Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal'



Friday 14th

Join us for a brew, some food or drop-in support



Digital College

10:30-4:00

self- lead

Gain new knowledge and qualification through online courses, including CSCS and Food Safety.



Employment Agency

Support
All Day

with Brian

Join Brian for support with linking in with employers via agencies, RTW documents and CV support



Women's Only:

Coffee & a Catch-Up

2:30pm-4pm

with Zoe

'Join us for a safe space to talk, share and empower each other.'



IOM Life Skills (invitation only)

11am-1pm

With Rebecca

"Bespoke sessions such as anger management, de- escalation techniques and effective communication."



18-29 Career Hub

10am-12pm

with Zoe

'Boost your confidence job searching or prepare for an upcoming interview.'



Employment Hub

1pm-3pm

with Zoe

'Boost your confidence job searching or prepare for an upcoming interview.'



Music Session

11am- 1pm

with TIPP

'An opportunity to take part in a range of creative activities, exploring imagination and building confidence.'



Over 50's Coffee and a Catch-Up

2pm- 3pm

with Zoe

Join us for a safe space to talk, share and support each other.'



Hub Quiz

12:30-1:30pm

with Hub Staff

'Socialise, have fun and work within a team in our weekly hub quiz.'



Through the Gate (TTG) 1-4pm



Drop In Session 1:30-4pm



CBT with Molly 10am-4pm.
Appointment only.



Hub Induction meet the team and enrol 1-4:30pm



Hub Induction meet the team and enrol 1-4:30pm





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Warrington CFO Activity Hub

August Week 3



This programme is funded by HMPPS CFO

Monday 17th

Tuesday 18th

Wednesday 19th

Thursday 20th

Friday 21st

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Enrolments are needed to engage with any activities.

Digital College
Pathway to Retail
10:30am-12pm

Come and complete the Retail pathway and explore jobs with employers such as Iceland and Sports Direct.

Join us for a brew, some food or drop-in support



Future Focus
10:30 - 12
'Attend a session focused on setting clear and achievable employment goals to support future career development.'



Lego
12:30pm-2pm
with Peer Mentor James
'Spend time with peers, learn skills such as problem solving, focus, task management.'



Women's Only:

Coffee & a Catch-Up
2:30pm-4pm
with Zoe

'Join us for a safe space to talk, share and empower each other.'



Hub Induction meet the team and enrol
1-4:30pm



Join us for a brew, some food or drop-in support



Digital College Pathway to Logistics
10:30am-12pm

Come and complete the Logistics pathway and explore jobs with employers such as Amazon and GXO.



IOM Life Skills (invitation only)
11am-1pm

With Rebecca

"Bespoke sessions such as anger management, de-escalation techniques and effective communication."



Drop In Session
1:30-4pm



Join us for a brew, some food or drop-in support



Bowling & Grounds Maintenance Volunteering
11am-2pm
with Rebecca

'Give back to the local community and support the St Alban's team to look after the church grounds before enjoying some group crown green bowling games.'



18-29 Career Hub
10am-12pm
with Zoe

'Boost your confidence job searching or prepare for an upcoming interview.'

Employment Hub
1pm-3pm
with Zoe

'Boost your confidence job searching or prepare for an upcoming interview.'



CBT with Molly
10am-4pm.
Appointment only.



Join us for a brew, some food or drop-in support



CGL Breakfast Drop-In
10am-12pm
with Lee
Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.'



Introduction to Cooking Skills
11am- 12:30
with Leoni

'Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal'



Music Session
11am- 1pm
with TIPP

'An opportunity to take part in a range of creative activities, exploring imagination and building confidence.'

Over 50's Coffee and a Catch-Up
2pm- 3pm
with Zoe

Join us for a safe space to talk, share and support each other.'



Through the Gate (TTG)
1-4pm



Join us for a brew, some food or drop-in support



Digital College
10:30-4:00
self-lead
Gain new knowledge and qualification through online courses, including CSCS and Food Safety.



Employment Agency Support
All Day
with Brian

Join Brian for support with linking in with employers via agencies, RTW documents and CV support



Hub Quiz
12:30-1:30pm
with Hub Staff

'Socialise, have fun and work within a team in our weekly hub quiz.'



Hub Focus Group
1:30pm-2pm

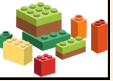


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Warrington CFO Activity Hub

August Week 4



Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd	Friday 24th
Join us for a brew, some food or drop-in support 	Join us for a brew, some food or drop-in support 	Join us for a brew, some food or drop-in support 	Join us for a brew, some food or drop-in support 	Morning drop-in employment support sessions with Phil from DWP 
Future Focus 10:30 - 12 <i>'Attend a session focused on setting clear and achievable employment goals to support future career development.'</i>   Lego 12:30pm-2pm <i>with Peer Mentor James</i> <i>'Spend time with peers, learn skills such as problem solving, focus, task management.'</i>  	Digital College 10:30-4:00 <i>self-lead</i> <i>Gain new knowledge and qualification through online courses, including CSCS and Food Safety.</i>   	Bowling & Grounds Maintenance Volunteering 11am-2pm <i>with Rebecca</i> <i>'Give back to the local community and support the St Alban's team to look after the church grounds before enjoying some group crown green bowling games.'</i>    	CGL Breakfast Drop-In 10am-12pm <i>with Lee</i> <i>'Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.'</i>   Introduction to Cooking Skills 11am- 12:30 <i>with Leoni</i> <i>'Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal'</i>  	Drop-In Employment Support Sessions with Phil from DWP  
Women's Only: Coffee & a Catch-Up 2:30pm-4pm <i>with Zoe</i> <i>'Join us for a safe space to talk, share and empower each other.'</i>  	IOM Life Skills (invitation only) 11am-1pm <i>With Rebecca</i> <i>'Bespoke sessions such as anger management, de-escalation techniques and effective communication.'</i>  	18-29 Career Hub 10am-12pm <i>with Zoe</i> <i>'Boost your confidence job searching or prepare for an upcoming interview.'</i> Employment Hub 1pm-3pm <i>with Zoe</i> <i>'Boost your confidence job searching or prepare for an upcoming interview.'</i>  	Music Session 11am- 1pm <i>with TIPP</i> <i>'An opportunity to take part in a range of creative activities, exploring imagination and building confidence.'</i>  Over 50's Coffee and a Catch-Up 2pm- 3pm <i>with Zoe</i> <i>Join us for a safe space to talk, share and support each other.'</i>  	 Hub Quiz 12:30-1:30pm <i>with Hub Staff</i> <i>'Socialise, have fun and work within a team in our weekly hub quiz.'</i>  
Hub Induction meet the team and enrol 1-4:30pm 	Hub Induction meet the team and enrol 1-4:30pm 	CBT with Molly 10am-4pm. Appointment only. 	Drop In Session 1:30-4pm 	Hub Induction meet the team and enrol 1-4:30pm 

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Enrolments are needed to engage with Digital College; any activities.

Pathway to Construction
10:30am-12pm

Come and complete the Construction pathway and explore jobs with employers such as Balfour Beatty and Laing O'Rourke

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August Week 5



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Contact Information:
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 Zoe: 07523587114

Open 9:30am – 5pm Monday – Friday

The hub also offers regular CBT sessions, training opportunities, funding for courses and PPE, toiletries, food and clothes.

Enrolments are needed to engage with any activities.

Monday 31st				
Bank Holiday Monday				
Bank Holiday Monday				
Bank Holiday Monday				
Bank Holiday Monday				