

Hull CFO Activity Hub

Support available via your dedicated support worker:

Obtaining ID
Accommodation
Finance/benefit/Debt
Obtaining RTW docs
1:1 Employment support
Financial support available to help you get into work!

–
Drop-in Session available for 1:1 Support.

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Reception contact number:
07570 245 620

May 2026



Monday	Tuesday	Wednesday	Thursday	Friday
All day 1:1 support	All day 1:1 support	All day 1:1 support	All day 1:1 support	All day 1:1 support
<p>Preparation For Employment</p> <p>Leave here with a CV and a Disclosure letter. Access ID and break barriers into Employment with Mia</p> <p>10am - 2pm</p>	<p>Housing support Get help finding housing, managing issues, and accessing advice to stay safe and stable with Mia 9:30am -12:30am</p> <p>Cooking On A Budget Looking at diet, nutrition, money saving tips! with Jamie 10:30am - 12:30pm</p>	<p>Gain Culinary Skills Learn practical baking techniques, food preparation, and kitchen safety while building confidence to create healthy, enjoyable desserts with Noshin 10am - 12pm</p>	<p>Education And Training Gain the opportunity to join free online courses and receive technical support, helping you build skills, stay connected, and succeed in your learning. with Mia 9:30am - 12:30pm</p>	<p>Brunch Club</p> <p>Organisation, planning and teamwork. Join us for a free breakfast and social morning with Mark</p> <p>10:30 - 12pm</p>
<p>Job support, Applications & Barriers To Work Get help finding jobs, completing applications, and accessing ID and right-to-work support for employment. with Jamie. 2pm - 4pm</p>	<p>Equality, Inclusion Support Understand how to promote fairness, respect diversity, and provide effective support so everyone can participate and succeed. with Jamie 1pm - 3pm</p>	<p>Parenting/Ace Course</p> <p>A course focusing on childhood trauma and relationship building with Noshin. 6 week course 1pm - 3pm</p>	<p>Money Management & Benefit Advice Learn how to budget, manage money, better off calculator and access benefits to improve financial stability and confidence. With Mia 1:30pm - 3:30pm</p>	<p>Man plan Build awareness, coping strategies, and resilience while encouraging open conversations and support for mental wellbeing. with Mark 1pm - 3:30pm</p>

Please note the Hull CFO Activity Hub is closed on the following dates:

Monday 4th May All day
Thursday 14th May 9am - 12:30
Monday 25th May All day



Open Monday – Friday 9:30am till 4pm
Hull CFO Activity Hub, Norwich House, Scope Office, 1 Saviile Street, Hull, HU1 3ES

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Employment Support

- Create a CV
- Right to work documents
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

CBT

1:1 support with a therapist to improve wellbeing, manage thoughts, and work through trauma.

Education and Training

Support to access in person courses, depending on location:

- CSCS
- FLT
- Events and Media etc.

Please note, this will be reviewed on a case by case basis with your Probation Practitioner.

Parenting Course

- Learn positive parenting strategies
- Understand child development support
- Build confidence managing challenges
- Strengthen family relationships at home

Accessing ID

Support to apply for right to work documents, when trying to find employment:

- Birth Certificate
- Citizen Card
- Provisional Licence

Accessing Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.

Digital College

Access to online fully funded courses:

- Food Hygiene
- Foundation in Sales and Marketing
- Fire Safety
- An Introduction to Peer Mentoring
- Introducing the Role of a Security Guard
- ESOL English for the Workplace
- Asbestos Awareness
- COSH
- Safeguarding
- Hospitality Customer Service
- Money Sense
- Planning to start your own business
- CSCS

Access to hundreds of courses, fully funded with access to IT equipment once approved by your Probation Practitioner

The CFO Activity Hubs are a safe space. Whether you have a form you don't understand, you need support on 1:1 basis or you want to reduce your social isolation, we are here to help!