




# Sheffield CFO Activity Hub

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CFOEvolution@growthco.uk

Sheffield CFO Activity Hub,  
Ground Floor St James House,  
Vicar Lane, Sheffield, S1 2EX

-  Self: Activities that work on the individual
-  Relationships: Activities that work with peers/families/friends
-  Society: Activities contributing to the community outside of the CFO Activity Hub

# June 2026



Monday	Tuesday	Wednesday	Thursday	Friday
All day 1:1 support	All day 1:1 support	All day 1:1 support	<p><b>Please note the Hub is open for 1:1 support.</b></p> <p><b>Book an appointment with your support worker or pop in for urgent support.</b></p>	<p><b>Please note the Hub is open for 1:1 support.</b></p> <p><b>Book an appointment with your support worker or pop in for urgent support.</b></p>
<p><b>Allotment:</b> with Max  10am - 1pm</p> <p><b>Enrolment and prison release support:</b>  10am - 12pm</p>	<p><b>Cooking on a budget:</b> looking at diet, nutrition, money saving tips!  10am - 12:30pm</p>	<p><b>Lego Project:</b> Creative challenges and problem solving with Max  10am - 11am</p>		
<p><b>Employment Support:</b> Create a CV and match with live vacancies with Kath <b>1:1 appointments available all day</b> </p>	<p><b>Accessing online courses</b>  Fully funded and over 100 courses to choose from! 10am - 12:30pm</p>	<p><b>Spectrum:</b> LGBTQ+ Social and Support group with Max  11am - 12pm</p>		
<p><b>Sports and Exercise</b> Health, Nutrition and fitness workouts with Mark  2pm - 3pm</p>	<p><b>Job Club Interview skills, CV and Disclosure letters</b> with Gareth  1pm - 3pm</p>	<p><b>Man plan:</b> men's mental health group with Max  1:30pm - 3:30pm</p>		
<p><b>Book Club:</b> explore themes of popular fiction. New book every month with Jo  1:30pm - 2:30pm</p>	<p><b>Arts and Crafts:</b>  1pm - 3pm</p>	<p><b>Enrolment and prison release support:</b> Meet the team!  2pm - 4pm</p>		

Open Monday to Friday. Open Monday, Tuesday and Wednesday for activities and 1:1 appointments 9:30am till 4pm



# June 2026

## Sheffield CFO Activity Hub

Support available via your dedicated support worker:

- Obtaining ID
- Accommodation
- Finance/benefit/Debt
- Obtaining RTW docs
- 1:1 Employment support

Financial support available to help you get into work!

Drop-in Session available for 1:1 Support Monday to Wednesday

Reception contact number: 07467 711 569

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### Employment support

- Create a CV
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

### CSCS course running here at the Sheffield CFO Activity Hub!

Thursday 25<sup>th</sup> and Friday 26<sup>th</sup>  
June 2026

2 day course fully funded

Includes CSCS test, same day results.

Speak to a member of staff to book on!

### CBT

Access to Cognitive Behavioural Therapy with a therapist, on a 1:1 basis to receive support around your wellbeing, thoughts and processes and trauma.

### Accessing ID

Support to apply for right to work documents, when trying to find employment:

- Birth Certificate
- Citizen Card
- Provisional Licence

### Accessing Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.

### Digital College

Access to online fully funded courses:

- Food Hygiene
- Foundation in Sales and Marketing
- Fire Safety
- An Introduction to Peer Mentoring
- Introducing the Role of a Security Guard
- ESOL English for the Workplace
- Asbestos Awareness
- COSH
- Safeguarding
- Hospitality Customer Service
- Money Sense
- Planning to start your own business
- CSCS

Access to hundreds of courses, fully funded with access to IT equipment once approved by your Probation Practitioner

**The CFO Activity Hubs are a safe space. Whether you have a form you don't understand, you need support on 1:1 basis or you want to reduce your social isolation, we are here to help!**