



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub

Blackpool CFO Activity Hub

September - Week 1



Blackpool CFO Activity Hub
20 Queens Street Blackpool FY1 1PD

Contacts:

Christine: 07714 916595
Leah W: 07501 627639
Leah S: 07345 417247
Graham: 07407 384194

Open 9:30am – 5pm Monday – Friday

The hub also offers regular CBT sessions, training opportunities, funding for courses and PPE, toiletries, food and clothes.

Enrolments are needed to engage in any activities

	Tuesday 1st	Wednesday 2nd	Thursday 3rd	Friday 4th
	Breakfast Club and Catch Up 9 -10 drop-in support!	Breakfast Club and Catch Up 9 -10 drop-in support!	Breakfast Club and Catch Up 9 -10 drop-in support!	Breakfast Club and Catch Up 9 -10 drop-in support!
		Digital College: Pathway to Logistics 10 - 12:30 with Leah S <i>'Sign up for Digital College and search for suitable training courses to boost skills and employability'</i> 	Disclosure Support 10 - 11 with Leah W <i>'Support in learning about the difference between unspent and spent convictions and how to disclose your criminal conviction to an employer or friend/family.'</i> In-Work Support 11 - 12 with Graham <i>'Gain support in managing your current employment with check-ins on your wellbeing, action plans regarding any support needed for work and learn how to request reasonable adjustments for work with a referral to Access to Work.'</i>	Benefits Support 10 - 12 with Leah W <i>'Gain support in learning what benefits you're entitled to and support in applying for these'</i>
		Women's Only Employment Hub: CV Support & Job Search 10 -12 With Leah W <i>Learn how to create a professional, tailored CV that highlights your skills, experience, and achievements to improve your chances of securing interviews.</i> 		
		Pathway to Employment: Session 1- How to Apply for Jobs using Online Job Boards, Networking, Social Media 1-4 With Graham <i>Gain practical skills in using online job boards, networking, and social media to search for and apply for employment opportunities with confidence.</i> 	Practical Everyday Spanish 1 - 2 With Christine <i>Learn the basics of Spanish in a fun, supportive environment through conversation, games, and practical activities.</i> Film Club: Marvel Mania 2 - 4 With Shelby <i>Whether you're a lifelong Marvel fan or just getting started, come along to enjoy great films, lively conversations, and a welcoming community of superhero enthusiasts</i>	TIPP Zine/Book Making 1 - 3 with Archie <i>A fun & creative art session exploring zine and book making, where you can experiment with drawing, collage, writing and design to create your own unique handmade publication.</i>
		Hub Induction meet the team and enrol 10-4:30pm 	Hub Induction meet the team and enrol 10-4:30pm 	Through the Gate (TTG) 10-4pm

'Creative Wellbeing' Art Club
1 - 3
with Leah S

A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.

Hub' Quiz and Social
3-4pm
with the Hub Staff





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Blackpool CFO Activity Hub

September - Week 2



Blackpool CFO Activity Hub
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Monday 7th

Breakfast Club and Catch Up
9 -10
drop-in support!

Employment Hub: CV
Support & Job Search
10 - 12:30
with Graham

Learn how to create a professional, tailored CV that highlights your skills, experience, and achievements to improve your chances of securing interviews.



"Master Chef Cooking
Lessons"
1-3pm
With Leah S

Learn how to plan, prepare, and cook healthy meals using low cost ingredients.



Hub Induction meet the team
and enrol
10-4:30pm

Tuesday 8th

Breakfast Club and Catch Up
9 -10
drop-in support!

Women's Only
Women's Wellness Circle
10:30-12:30pm
With Leah S

A group session focussing on emotional resilience, rebuilding confidence, and fostering community connection.



Pathway to Employment:
Session 2 - CVs, Cover Letters,
Disclosure Letters
1-4
With Christine

Gain confidence in writing CVs, cover letters, and disclosure letters that present your experience, skills, and circumstances professionally to employers.



Through the Gate (TTG)
10-4pm

Wednesday 9th

CSCS Course: Day 1
All Day



Digital College: Pathway
to Retail
10 - 12:30
with Leah W

'Sign up for Digital College and search for suitable training courses to boost skills and employability'



Practical Everyday Spanish
1 - 2
With Christine

Learn the basics of Spanish in a fun, supportive environment through conversation, games, and practical activities.

Film Club: Marvel Mania
2 - 4
With Shelby

Whether you're a lifelong Marvel fan or just getting started, come along to enjoy great films, lively conversations, and a welcoming community of superhero enthusiasts



CBT with Aisha-
Appointments only
10-3pm

Thursday 10th

CSCS Course: Day 2
All Day



Accommodation Support
& Advice
10 -11
With Graham

Receive support & guidance to transition from temporary accommodation into your own home



TIPP Zine/Book Making
1 - 3
with Archie

A fun & creative art session exploring zine and book making, where you can experiment with drawing, collage, writing and design to create your own unique handmade publication.



Hub Forum
3 - 4

Friday 11th

Breakfast Club and Catch Up
9 -10
drop-in support!

Focus on Identity
10:30 - 11:30
with Christine
'Helping Ex-Veteran's separate their military identity from their offense and build a new, successful civilian identity'



Disclosure Support
10 - 12:30
with Leah W
'Support in learning about the difference between unspent and spent convictions and how to disclose your criminal convictions to an employer or friend/family'



'Creative Wellbeing' Art
Club
1 - 3
with Leah S

A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.



'Hub' Quiz and Social
3 - 4
with the Hub Staff



Drop In Session
10-4pm



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Society: Activities contributing to the community outside of the CFO Activity Hub

Blackpool CFO Activity Hub

September - Week 3



Monday 14th

Breakfast Club and Catch Up
9 -10
drop-in support!

Veterans Morning Muster
10:30-11:30
With Christine

A welcoming morning breakfast for Veterans to connect, share stories, and enjoy friendly support over a hot meal

CSCS Follow Up
10 - 12
With Hub Staff

Follow up session with our Hub staff, for those that attended our CSCS course; for CV updates and job search/Agency sign up

Women's Only

Women's Only
Cooking Session:
1-3
With Leah W

Learn how to plan, prepare, and cook healthy meals using low-cost ingredients.



Women's Only: Hub Induction
meet the team and enrol
1-4:30pm

Tuesday 15th

Breakfast Club and Catch Up
9 -10
drop-in support!

Women's Only
Employment Hub: Job
Applications
& Job Search
10:30-12
with Leah S

Gain practical support to find suitable job opportunities, complete applications effectively, and increase your chances of employment.



Pathway to Employment:
Session 3 - Interview Skills;
Phone, Group & In-Person
1-4
With Christine

Learn how to prepare for different interview formats, answer common questions confidently, and make a positive first impression



Through the Gate (TTG)
10-4pm

Wednesday 16th

Breakfast Club and Catch Up
9 -10
drop-in support!

Digital College: Pathway to
Self Employment
10 - 12:30
with Graham

'Sign up for Digital College and search for suitable training courses to boost skills and employability'



Practical Everyday Spanish
1 - 2
With Christine

Learn the basics of Spanish in a fun, supportive environment through conversation, games, and practical activities.

Film Club: Marvel Mania
2 - 4
With Shelby

Whether you're a lifelong Marvel fan or just getting started, come along to enjoy great films, lively conversations, and a welcoming community of superhero enthusiasts



Hub Induction meet the team
and enrol
10-4pm

Thursday 17th

Breakfast Club and Catch Up
9 -10
drop-in support!

Future Focus
10:30 - 12
with Leah W

'Attend a session focused on setting clear and achievable employment goals to support future career development.'



TIPP Zine/Book Making
1 - 3
with Archie

A fun & creative art session exploring zine and book making, where you can experiment with drawing, collage, writing and design to create your own unique handmade publication.



Hub Induction meet the team
and enrol
10-4:30pm

Friday 18th

Breakfast Club and Catch Up
9 -10
drop-in support!

In-Work Support
10:30 - 12
with Leah S

'Gain support in managing your current employment with check-ins on your wellbeing, action plans regarding any support needed for work and learn how to request reasonable adjustments for work with a referral to Access to Work.'

'Creative Wellbeing' Art
Club
1 - 3
with Leah S

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'Hub' Quiz and Social
3 - 4
with the Hub Staff



CBT with Aisha-
Appointments only
10-3pm

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Society: Activities contributing to the community outside of the CFO Activity Hub

Blackpool CFO Activity Hub

September - Week 4



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Enrolments are needed to engage in any activities

Monday 21st

Breakfast Club and Catch Up
9 -10
drop-in support!

Employment Hub: Interview
Prep & Mock Interviews
10 - 12:30
with Graham

Build confidence and improve your interview skills through practical guidance, realistic interview practice, and constructive feedback to help you perform at your best.



"Master Chef Cooking
Lessons"
1-3
With Leah S

Learn how to plan, prepare, and cook healthy meals using low cost ingredients.



Through the Gate (TTG)
10-4pm

Tuesday 22nd

Breakfast Club and Catch Up
9 -10
drop-in support!

Women's Only
Employment Hub:
Interview Prep & Mock
Interviews
10:30 - 12
with Leah W

Build confidence and improve your interview skills through practical guidance, realistic interview practice, and constructive feedback to help you perform at your best.



Pathway to Employment:
Session 4 - Mock Interviews
1-3
With Leah S

Put your interview preparation into action through mock interviews designed to improve you confidence, communication, and performance



Hub Forum
3 - 4

Wednesday 23rd

Breakfast Club and Catch Up
9 -10
drop-in support!

Digital College: Pathway to
Logistics
10 - 12:30
with Graham

'Sign up for Digital College and search for suitable training courses to boost skills and employability'



Practical Everyday Spanish
1 - 2
With Christine

Learn the basics of Spanish in a fun, supportive environment through conversation, games, and practical activities.

Film Club: Marvel Mania
2 - 4
With Shelby

Whether you're a lifelong Marvel fan or just getting started, come along to enjoy great films, lively conversations, and a welcoming community of superhero enthusiasts



Hub Induction meet the team
and enrol
10-4pm

Thursday 24th

Breakfast Club and Catch Up
9 -10
drop-in support!

Exploring Employability Skills
10:30 - 12
with Leah S

'Explore key skills needed for meaningful employment, such as communication, teamwork, and time management.'



TIPP Zine/Book Making
1 - 3
with Archie

A fun & creative art session exploring zine and book making, where you can experiment with drawing, collage, writing and design to create your own unique handmade publication.



Hub Induction meet the team
and enrol
10-4pm

Friday 25th

Breakfast Club and Catch Up
9 -10
drop-in support!

Focus on Identity
10:30 - 11:30
with Christine
'Helping Ex-Veteran's separate their military identity from their offense and build a new, successful civilian identity'



Approved Premises
Support
11-12
with Leah W



'Receive support and guidance to transition from temporary accommodation into your own home.'

'Creative Wellbeing' Art
Club
1 - 3
with Leah S

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'Hub' Quiz and Social
3 - 4
with the Hub Staff



CBT with Aisha-
Appointments only 10-3pm



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Blackpool CFO Activity Hub

September - Week 5



Monday 28th

Breakfast Club and Catch Up
9 - 10
 *drop-in support!*

Tuesday 29th

Breakfast Club and Catch Up
9 - 10
 *drop-in support!*

Wednesday 30th

Breakfast Club and Catch Up
9 - 10
 *drop-in support!*

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Veterans Morning Muster
10:30-11:30
With Christine

 *A welcoming morning breakfast for Veterans to connect, share stories, and enjoy friendly support over a hot meal*

Employment Hub: Job Applications & Job Search
10 - 12:30
with Leah W

 *Gain practical support to find suitable job opportunities, complete applications effectively, and increase your chances of employment.*



Women's Only

Employment Wellbeing Action Plan
10 - 12:30
with Leah S

'Engage in support in completing a wellbeing action plan to support your mental health within the workplace and ensure reasonable adjustments are being made.'





Digital College: Pathway to Construction
10 - 12:30
with Graham

'Sign up for Digital College and search for suitable training courses to boost skills and employability'





Women's Only

Women's Only Cooking Session:
1-3
With Leah W

Learn how to plan, prepare, and cook healthy meals using low-cost ingredients.





Pathway to Employment: Session 5 - How to Apply for Jobs using Online Job Boards, Networking, Social Media
1-4
With Graham

Gain practical skills in using online job boards, networking, and social media to search for and apply for employment opportunities with confidence.



Practical Everyday Spanish
1 - 2
With Christine

 *Learn the basics of Spanish in a fun, supportive environment through conversation, games, and practical activities.*

Film Club: Marvel Mania
2 - 4
With Shelby

 *Whether you're a lifelong Marvel fan or just getting started, come along to enjoy great films, lively conversations, and a welcoming community of superhero enthusiasts*



Women's Only: Hub Induction
meet the team and enrol
1-4:30pm



Hub Induction meet the team and enrol
10-4pm



Hub Induction meet the team and enrol
10-4pm

