

September 2026

Leeds

CFO Activity Hub

The Hub is open Monday to Friday.

Thursday and Friday are for 1:1s and drop ins.

0113 2425522

CFOEvolution@growthco.uk

Leeds CFO Activity Hub, Unit 8 Northwest Business Park, Servia Hill, LS6 2QH



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub



This programme is funded by HMPPS CFO

Monday

All day
1:1 support

Cooking on a budget:

Explore healthy eating, budget-friendly cooking and nutrition, then sit down to enjoy a healthy meal as a group.



10:30am - 12:30pm

Employment Support:

Leave here with a CV or disclosure letter, support with job applications & interview prep, as well as access to fully funded courses.
with Enie

Bookable slots between
13:30pm- 15:30pm



Weekly 1:1 with our trained Employment specialist

Come and see the variety of jobs we have with direct links to employers & support to apply!



Tuesday

All day
1:1 support

Employment & Education Support:

Access to online & fully funded courses with Sussana



10:30am - 12:30pm

Green Skills Course with Ground works

10:00am - 12:00pm

Planning, designing and creating garden crafts

12:30pm - 14:45pm

Work on the hub community garden

Develop your practical outdoor skills, boost confidence, and support wellbeing benefiting both you and the environment.



Time Out Club

A chilled space to explore ways to handle life's ups and downs

14:00pm - 15:00pm



Wednesday

All day
1:1 support

Music

Learn a new skill or hobby & showcase your musical talent with James



10:30am - 12:30pm

Men in Mind

A supportive & relaxed space to talk, learn ways to manage emotions, improve wellbeing & build confidence



10:30am - 12:30pm

Independent Living Skills:

Gain confidence in cooking & kitchen safety by preparing & serving communal meals, helping to develop skills for independent & healthy adult living.



11:30pm - 13:30pm

Money management & benefit advice

Learn how to budget and access benefits with Simon



13:00pm - 16:00pm

Arts and Crafts

Creative expression & confidence through art with Chloe



13:30pm - 15:30pm

Open Monday to Friday. Open Monday, Tuesday and Wednesday for activities and 1:1 appointments 9:30am till 4pm Thursday and Friday

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Support available via your dedicated support worker:

- Obtaining ID
- Accommodation
- Finance/benefit/Debt
- Obtaining RTW docs
- 1:1 Employment support
- Financial support available to help you get into work!

Drop-in Session available for 1:1 Support Monday to Friday

Reception contact number:
01132 425522

Fully Funded CSCS Courses at the Leeds CFO Activity Hub!

**28th and 29th September
or
25th and 27th November**

Complete your **Level 1 Award in Health and Safety in a Construction Environment**, and sit the CITB Health, Safety & Environment (CSCS) test. Receive your **Green CSCS card** as well as support to apply for **live vacancies** in construction following completion!

This is an incredible opportunity to gain a recognised construction qualification, improve employability, and take an important step towards reaching your full potential!

Digital College

Access to online fully funded courses:
Access to hundreds of courses, fully funded with access to IT equipment once approved by your Probation Practitioner

Employment support

- Create a CV
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

Accessing ID and Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.

Support to apply for right to work documents, when trying to find employment:
Birth Certificate or Citizen Card

CBT

Access to Cognitive Behavioural Therapy with a therapist, on a 1:1 basis to receive support around your wellbeing, thoughts and processes and trauma.

Additional drop in sessions

- **Kings Trust** (Age 18–30) – 7th Sept 13:30pm–15:30pm
- **Our Way Leeds** (Under 25's) Homeless Prevention support – 2nd Sept 10:00am–13:00pm
- **Restorative Solutions** (Referral only) – 25th Sept 9:00am–12:00pm
- **Ingeus – Thursdays AM** 121's Emotional Wellbeing (18–23 Referral only) **Transition & Hope** & lived experience peer mentor – 14:00pm
- **Job Centre** – Fortnightly 8th Sept 13:00pm – 16:00pm
- **Talking Therapy** (Referral only) **Mondays** weekly
- **Forward Leeds** Tuesdays at 2pm



The CFO Activity Hubs are a safe space. Whether you have a form you don't understand, you need support on 1:1 basis or you want to reduce your social isolation, we are here to help!