



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub

# Blackpool CFO Activity Hub

## July - Week 1



		Wednesday 1st	Thursday 2nd	Friday 3rd
		Breakfast Club and Catch Up 9 -10 drop-in support!	Breakfast Club and Catch Up 9 -10 drop-in support!	Breakfast Club and Catch Up 9 -10 drop-in support!
		Digital College: Pathway to CSCS/Construction 10 - 12:30 with Leah S  <i>'Sign up for Digital College and search for suitable training courses to boost skills and employability'</i> 	Men's Unpaid Work: Enrolments & wraparound Support 10 - 12:30 with Probation  <i>'Access to tailored guidance, advice, and practical assistance to help participants successfully complete their unpaid work requirements.'</i> 	Focus on Identity 10 - 11 with Christine  <i>'Helping Ex-Veteran's separate their military identity from their offense and build a new, successful civilian identity'</i>   Book Club 'The Next Chapter' 11 - 12 with Leah W 
		TIPP Blackpool Film Project 1-3pm with Kate  <i>Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub</i> 	TIPP Arts and Sculpture 1 - 3 with Archie  <i>Engage in fun and creative activities through arts &amp; sculpture, whilst bringing some arty joy to the Blackpool Hub.</i> 	'Creative Wellbeing' Art Club 1 - 3 with Leah S  <i>A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.</i>   Hub' Quiz and Social 3-4pm with the Hub Staff 
		Hub Induction meet the team and enrol 1-4:30pm 	Hub Induction meet the team and enrol 1-4:30pm 	Through the Gate (TTG) 1-4pm 

### Blackpool CFO Activity Hub

20 Queens Street Blackpool FY1 1PD

#### Contacts:

Christine: 07714 916595

Leah W: 07501 627639

Leah S:

Open 9:30am - 5pm Monday - Friday

The hub also offers regular CBT sessions, training opportunities, funding for courses and PPE, toiletries, food and clothes.

Enrolments are needed to engage in any activities



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# Blackpool CFO Activity Hub

## July - Week 2



	Monday 6th	Tuesday 7th	Wednesday 8th	Thursday 9th	Friday 10th
	Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i>	Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i>	Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i>	Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i>	Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i>
	Employment Hub: CV Support & Job Search 10 - 12:30 with Christine  <i>Learn how to create a professional, tailored CV that highlights your skills, experience, and achievements to improve your chances of securing interviews.</i> 	<b>Women's Only</b> Women's Wellness Circle 10:30-12:30pm With Leah S  <i>A group session focussing on emotional resilience, rebuilding confidence, and fostering community connection.</i> 	Digital College: Pathway to Health & Safety + Wellbeing 10 - 12:30 with Leah W  <i>'Sign up for Digital College and search for suitable training courses to boost skills and employability'</i> 	Men's Unpaid Work: Enrolments & wraparound Support 10 - 12:30 with Probation  <i>'Access to tailored guidance, advice, and practical assistance to help participants successfully complete their unpaid work requirements.'</i> 	Benefits Support 10 - 11 with Christine <i>'Gain support in learning what benefits you're entitled to and support in applying for these'</i> 
	Evolve Young Person's Employment 1 - 3 with Leah W  <i>Attend the Youth session on interview preparation and interview skills</i> 	Planting Change 'Gardening Group' 1-3pm With Christine  <i>This therapeutic horticulture group session will help build social skills and gain practical skills in gardening.</i> 	TIPP Blackpool Film Project 1-3pm with Kate  <i>Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub</i> 	TIPP Arts and Sculpture 1 - 3 with Archie  <i>Engage in fun and creative activities through arts &amp; sculpture, whilst bringing some arty joy to the Blackpool Hub.</i> 	'Creative Wellbeing' Art Club 1 - 3 with Leah S  <i>A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.</i> 
	Hub Induction meet the team and enrol 1-4:30pm	Through the Gate (TTG) 1-4pm	CBT with Aisha-Appointments only 10-3pm	Drop In Session 1:30-4:30pm	Hub Forum 3 - 4

**Blackpool CFO Activity Hub**  
 20 Queens Street Blackpool FY1 1PD

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# Blackpool CFO Activity Hub

## July - Week 3



This programme is funded by HMPPS CFO

### Monday 13th

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Tuesday 14th

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Wednesday 15th

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Thursday 16th

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Friday 17th

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

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Employment Hub: Job Applications & Job Search  
10 – 12:30  
with Christine

Gain practical support to find suitable job opportunities, complete applications effectively, and increase your chances of employment.



#### Women's Only

Accommodation Support & Advice  
10 -12  
With Leah W

Gain advice and support regarding your current accommodation and options available



Digital College: Pathway to Warehouse Health & Safety  
10 - 12:30  
with Leah S

'Sign up for Digital College and search for suitable training courses to boost skills and employability'



Men's Unpaid Work: Enrolments & wraparound Support  
10 – 12:30  
with Probation

'Access to tailored guidance, advice, and practical assistance to help participants successfully complete their unpaid work requirements.'



Accommodation Support & Advice  
10 –11  
With Christine

Receive support & guidance to transition from temporary accommodation into your own home



Book Club 'The Next Chapter'  
11 – 12  
with Leah W



"Master Chef Cooking Lessons"  
1-3pm  
Leah W & Leah S

Learn how to plan, prepare, and cook healthy meals using low-cost ingredients.



Planting Change 'Gardening Group'  
1-3pm  
With Christine

This therapeutic horticulture group session will help build social skills and gain practical skills in gardening.



TIPP Blackpool Film Project  
1-3pm  
with Kate

Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub



TIPP Arts and Sculpture  
1 – 3  
with Archie

Engage in fun and creative activities through arts & sculpture, whilst bringing some arty joy to the Blackpool Hub.



'Creative Wellbeing' Art Club  
1 – 3  
with Leah S

A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.



'Hub' Quiz and Social  
3 – 4  
with the Hub Staff



Hub Induction Meet the team and Enrol 1-4pm

Meet the team and enrol 1-4pm

CBT with Aisha- Appointments only 10-3pm

Drop In Session 1:30-4pm

Through the Gate (TTG) 1-4pm



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# Blackpool CFO Activity Hub

## July - Week 4



### Monday 20th

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Tuesday 21st

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Wednesday 22nd

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Thursday 23rd

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

### Friday 24th

Breakfast Club and Catch Up  
9 -10  
*drop-in support!*

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20 Queens Street Blackpool FY1 1PD

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**Open 9:30am – 5pm Monday – Friday**

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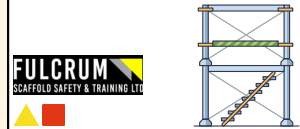
Scaffolding Course  
10 – 3  
*with Fulcrum*

Gain the practical skills, safety knowledge, and industry awareness needed to work confidently in scaffolding and construction environments.



Scaffolding Course  
10 – 3  
*with Fulcrum*

Gain the practical skills, safety knowledge, and industry awareness needed to work confidently in scaffolding and construction environments.



Scaffolding Course  
10 – 3  
*with Fulcrum*

Gain the practical skills, safety knowledge, and industry awareness needed to work confidently in scaffolding and construction environments.



Scaffolding Course  
10 – 3  
*with Fulcrum*

Gain the practical skills, safety knowledge, and industry awareness needed to work confidently in scaffolding and construction environments.



Disclosure Support  
10 – 12:30  
*with Leah W*

*'Support in learning about the difference between unspent and spent convictions and how to disclose your criminal convictions to an employer or friend/family*



Focus on Identity  
1 – 2  
*with Leah W*

*'Helping Ex-Veteran's separate their military identity from their offense and build a new, successful civilian identity'*

Job Search  
2 – 3  
*with Christine*

Receive support to identify job opportunities, navigate recruitment websites, and apply for roles that match your skills and experience.



Planting Change  
'Gardening Group'  
1-3pm  
*With Christine*

*This therapeutic horticulture group session will help build social skills and gain practical skills in gardening.*



TIPP Blackpool Film Project  
1-3pm  
*with Kate*

*Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub*



TIPP Arts and Sculpture  
1 – 3  
*with Archie*

*Engage in fun and creative activities through arts & sculpture, whilst bringing some arty joy to the Blackpool Hub.*



'Creative Wellbeing' Art Club  
1 – 3  
*with Leah S*

*A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.*



'Hub' Quiz and Social  
3 – 4  
*with the Hub Staff*



Hub Induction Meet the team and Enrol 1-4pm

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CBT with Aisha-  
Appointments only 10-3pm

Hub Forum  
3 – 4

Through the Gate (TTG) 1-4pm



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# Blackpool CFO Activity Hub

## July - Week 5



	Monday 27th	Tuesday 28th	Wednesday 29th	Thursday 30th	Friday 31st
	<p>Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i></p>	<p>Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i></p>	<p>Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i></p>	<p>Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i></p>	<p>Breakfast Club and Catch Up 9 -10 <i>drop-in support!</i></p>
	<p>Employment Hub: Interview Prep &amp; Mock Interviews 10 - 12:30 with Christine <i>Build confidence and improve your interview skills through practical guidance, realistic interview practice, and constructive feedback to help you perform at your best.</i></p> 	<p><b>Women's Only</b> Debt and Money Management 10 -11:30 with Leah W <i>Attend for support with managing any outstanding debts and income by completing money management action plans, ask Support Worker for information on other organisations and support available for debts</i></p> 	<p>Digital College: Pathway to Warehouse Health &amp; Safety 10 - 12:30 with Leah S <i>'Sign up for Digital College and search for suitable training courses to boost skills and employability'</i></p> 	<p>Men's Unpaid Work: Enrolments &amp; wraparound Support 10 - 12:30 with Probation <i>'Access to tailored guidance, advice, and practical assistance to help participants successfully complete their unpaid work requirements.'</i></p> 	<p>Emotional Regulation for Employment 10 - 12:30 with Christine <i>'Engage with a session focused on developing emotional regulation skills to better manage feelings in the workplace and support employment success'</i></p> 
	<p>"Master Chef Cooking Lessons" 1-3pm Leah W &amp; Leah S <i>Learn how to plan, prepare, and cook healthy meals using low-cost ingredients.</i></p> 	<p>Hub Relaunch Celebration 12-2pm with Hub Staff Join us as we celebrate the relaunch of our Hub—a refreshed space designed to better connect, collaborate, and support our community.</p> 	<p>TIPP Blackpool Film Project 1-3pm with Kate <i>Join this fun creative process of working with an artist and filmmaker to design and help make your own film to promote the hub</i></p> 	<p>TIPP Arts and Sculpture 1 - 3 with Archie <i>Engage in fun and creative activities through arts &amp; sculpture, whilst bringing some arty joy to the Blackpool Hub.</i></p> 	<p>'Creative Wellbeing' Art Club 1 - 3 with Leah S <i>A supportive art club to explore creativity, build confidence, and enhance wellbeing in a positive and inclusive environment.</i></p> 
	<p>Hub Induction Meet the team and Enrol 1-4pm</p>	<p>Through the Gate (TTG) 1-4pm</p>	<p>CBT with Aisha- Appointments only 10-3pm</p>	<p>Hub Induction Meet the team and Enrol 1-4pm</p>	<p>Through the Gate (TTG) 1-4pm</p>

### Information

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