



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub

Warrington CFO Activity Hub - June 2026



Information
Address: Second Floor, Tannery Court, Tanners Lane, Warrington, WA2 7NA
Contact Information:
Open 9:30am - 5pm Monday - Friday
 Rebecca: 07586115855
 Leoni: 07834173728
 Zoe: 07523587114



The Hub can support participants with funding for training and courses to help build skills, confidence, and employment opportunities. Where possible, the Hub may also provide funding directly and can assist with identifying and applying for other available funding. The Hub can also support participants by making referrals to local food banks and organising wellbeing essential packs when needed. In partnership with Better Health, Cognitive Behavioural Therapy (CBT) sessions run every Tuesday and Thursday, with participants entitled to four one-hour sessions that can be extended if further support is required. Drop-ins are also welcome for anyone needing advice, support, or a friendly chat.

Enrolments are needed to engage with any activities.



Monday 01/06/2026

Join us for a brew, some food or drop-in support

Develop your IT skills with Zoe 10:30am-12pm
 'Build your computer confidence and increase your familiarity with the Microsoft package.'

Lego with Peer Mentor James 12:30-2pm
 'Spend time with peers, learn skills such as problem solving, focus, task management.'

Women's Only with Zoe 2:30pm-4pm
 'Join us for a safe space to talk, share and empower each other.'





Tuesday 02/06/2026

Join us for a brew, some food or drop-in support

Explore Digital College 11am-12pm
 'Explore online courses such as, CSCS, Logistics, and Food Hygiene'.



IOM Life Skills (invitation only) with Rebecca 11am-1pm
 "Bespoke sessions such as anger management, de-escalation techniques and effective communication."

Arts and Crafts with Rebecca and Peer Mentor Michael 1:30-3pm
 'Express yourself through painting, drawing or craft activities and display your work in the hub.'




Wednesday 03/06/2026


CBT with Molly All day appointments 10am-4pm. Appointment only.

Inside Academy Self-Employment Course 

'Explore the possibilities of self-employment with Dave from Inside Academy.'



18-29 Employment Hub with Zoe 10am-12 and Employment Hub 1-3pm
 'Boost your confidence job searching or prepare for an upcoming interview.'



Bowling and Grounds Maintenance Volunteering with Rebecca 11am-2pm


'Give back to the local community and support the St Albans team to look after the church grounds before enjoying some group crown green bowling games.'



Thursday 04/06/2026

Inside Academy Self-Employment Course

'Explore the possibilities of self-employment with Dave from Inside Academy'



CGL Breakfast Drop-In with Lee 10:00am-12:00pm
 'Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.'




Creative Collaborative Workshop with TIPP 11AM-1PM

'An opportunity to take part in a range of creative activities, exploring imagination and building confidence.'



Over 50's Coffee and a Catch-Up with Zoe 2pm-3pm

Join us for a safe space to talk, share and support each other.'

Managing your Money 3-4pm 'Build budgeting skills to support in your journey towards financial security.'

Friday 05/06/2026



Join us for a brew, some food or drop-in support

Non-accredited course 11am-12:30
 'Specific courses to build on your skills and knowledge and earn new qualifications, such as exploring self-employment, creative writing and getting ready for work.'




Introduction to Cooking Skills with Leoni 10:30am-12:30


'Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal'

Hub Quiz 12:30-1:30pm
 'Socialise, have fun and work within a team in our weekly hub quiz.'



Hub Focus Group 1:30pm-2pm






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Warrington CFO Activity Hub - June 2026



Monday 08/06/2026	Tuesday 09/06/2026	Wednesday 10/06/2026	Thursday 11/06/2026	Friday 12/06/2026
Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	CBT with Molly All day appointments 10am-4pm. Appointment only.	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support
Develop your IT skills with Zoe 10:30am-12pm 'Build your computer confidence and increase your familiarity with the Microsoft package.' 	Explore Digital College 11am-12pm 'Explore online courses such as, CSCS, Logistics, and Food Hygiene.' 	Therapy Dogs 10:30am 12:00pm Therapy dogs visiting the hub to support wellbeing, reduce stress, and create a calm environment.	CGL Breakfast Drop-In with Lee 10:00am-12:00pm 'Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.' 	Non-accredited course 11am-12:30 'Specific courses to build on your skills and knowledge and earn new qualifications, such as exploring self-employment, creative writing and getting ready for work.'
Lego with Peer Mentor James 12:30-2pm 'Spend time with peers, learn skills such as problem solving, focus, task management.' 	IOM Life Skills (invitation only) with Rebecca 11am-1pm "Bespoke sessions such as anger management, de-escalation techniques and effective communication." 	18-29 Career Hub with Zoe 10am-12pm 'Boost your confidence job searching or prepare for an upcoming interview.' Drop-in employment support sessions with Phil from DWP Speak to a support worker to book on	Creative Collaborative Workshop with TIPP 11AM-1PM 'An opportunity to take part in a range of creative activities, exploring imagination and building confidence.'	Introduction to Cooking Skills with Leoni 10:30am-12:30pm 'Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal'
Women's Only with Zoe 2:30pm-4pm 'Join us for a safe space to talk, share and empower each other.' 	Arts and Crafts with Rebecca and Peer Mentor Michael 1:30-3pm 'Express yourself through painting, drawing or craft activities and display your work in the hub.' 	Bowling and Grounds Maintenance Volunteering with Rebecca 11am-2pm 'Give back to the local community and support the St Albans team to look after the church grounds before enjoying some group crown green bowling games.'	Over 50's Coffee and a Catch-Up with Zoe 2pm-3pm Join us for a safe space to talk, share and support each other.' 	Hub Quiz 12:30-1:30pm 'Socialise, have fun and work within a team in our weekly hub quiz.'
			Managing your Money 3-4pm - build budgeting skills to support in your journey towards financial security.	Hub Focus Group 1:30pm-2pm

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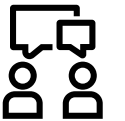




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Society: Activities contributing to the community outside of the CFO Activity Hub

Warrington CFO Activity Hub - June 2026



Monday 15/06/2026	Tuesday 16/06/2026	Wednesday 17/06/2026	Thursday 18/06/2026	Friday 19/06/2026
Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support
<p>Develop your IT skills with Zoe 10:30am-12pm ‘Build your computer confidence and increase your familiarity with the Microsoft package.’</p> 	<p>Explore Digital College 11am-12pm ‘Explore online courses such as, CSCS, Logistics, and Food Hygiene’.</p> 	<p>CBT with Molly All day appointments 10am-4pm. Appointment only.</p>	<p>CGL Breakfast Drop-In with Lee 10:00am-12:00pm ‘Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.’</p> 	<p>Non-accredited course 11am-12:30 ‘Specific courses to build on your skills and knowledge and earn new qualifications, such as exploring self-employment, creative writing and getting ready for work.’</p>
<p>Lego with Peer Mentor James 12:30-2pm ‘Spend time with peers, learn skills such as problem solving, focus, task management.’</p> 	<p>IOM Life Skills (invitation only) with Rebecca 11am-1pm ‘Bespoke sessions such as anger management, de-escalation techniques and effective communication.’</p> 	<p>18-29 Career Hub with Zoe 10am-12pm ‘Boost your confidence job searching or prepare for an upcoming interview.’</p> <p>Employment Hub with Zoe 1pm-3pm ‘Boost your confidence job searching or prepare for an upcoming interview.’</p>	<p>Creative Collaborative Workshop with TIPP 11AM-1PM ‘An opportunity to take part in a range of creative activities, exploring imagination and building confidence.’</p>	<p>Introduction to Cooking Skills with Leoni 10:30am-12:30pm ‘Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal’</p> 
<p>Women’s Only with Zoe 2:30pm-4pm ‘Join us for a safe space to talk, share and empower each other.’</p> 	<p>Arts and Crafts with Rebecca and Peer Mentor Michael 1:30-3pm ‘Express yourself through painting, drawing or craft activities and display your work in the hub.’</p> 	<p>Bowling and Grounds Maintenance Volunteering 11am-2pm ‘Give back to the local community and support the St Albans team to look after the church grounds before enjoying some group crown green bowling games.’</p>	<p>CV Support with Zoe 2pm-3pm ‘A session to support you to craft an up-to-date CV in a digital format, ready to use within future job applications.’</p>	<p>Hub Quiz 12:30-1:30pm ‘Socialise, have fun and work within a team in our weekly hub quiz.’</p> 
			<p>Managing your Money 3-4pm – build budgeting skills to support in your journey towards financial security.</p>	<p>Hub Focus Group 1:30pm-2pm</p>

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Monday 22/06/2026	Tuesday 23/06/2026	Wednesday 24/06/2026	Thursday 25/06/2026	Friday 26/06/2026
Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Join us for a brew, some food or drop-in support	Morning drop-in employment support sessions with Phil from DWP
Develop your IT Skills with Zoe 10:30am-12pm 'Build your computer confidence and increase your familiarity with the Microsoft package.' 	Explore Digital College 11am-12pm 'Explore online courses such as, CSCS, Logistics, and Food Hygiene.' 	CBT with Molly All day appointments 10am-4pm. Appointment only.	CGL Breakfast Drop-In with Lee 10:00am-12:00pm 'Join Lee and the Change Grow Live team for tailored support to help you on the next step of your journey.' 	Non-accredited course 11am-12:30 'Specific courses to build on your skills and knowledge and earn new qualifications, such as exploring self-employment, creative writing and getting ready for work.'
Lego with Peer Mentor James 12:30-2pm 'Spend time with peers, learn skills such as problem solving, focus, task management.' 	IOM Life Skills (invitation only) with Rebecca 11am-1pm "Bespoke sessions such as anger management, de-escalation techniques and effective communication." 	18-29 Career Hub with Zoe 10am-12pm 'Boost your confidence job searching or prepare for an upcoming interview.' Employment Hub with Zoe 1pm-3pm 'Boost your confidence job searching or prepare for an upcoming interview.' 	Creative Collaborative Workshop with TIPP 11AM-1PM 'An opportunity to take part in a range of creative activities, exploring imagination and building confidence.' 	Introduction to Cooking Skills with Leoni 10:30am-12:30pm 'Develop cooking and budgeting skills with healthy living in mind and enjoy a cooked meal' 
Women's Only with Zoe 2:30pm-4pm 'Join us for a safe space to talk, share and empower each other.' 	Arts and Crafts with Rebecca and Peer Mentor Michael 1:30-3pm 'Express yourself through painting, drawing or craft activities and display your work in the hub.' 	Bowling and Grounds Maintenance Volunteering 11am-2pm 'Give back to the local community and support the St Albans team to look after the church grounds before enjoying some group crown green bowling games.' 	Over 50's Coffee and a Catch-Up with Zoe 2pm-3pm Join us for a safe space to talk, share and support each other.' 	Hub Quiz 12:30-1:30pm 'Socialise, have fun and work within a team in our weekly hub quiz.' 
			Managing your Money 3-4pm - build budgeting skills to support in your journey towards financial security.	Hub Focus Group 1:30pm-2pm





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Warrington CFO Activity Hub - June 2026



Monday 29/06/2026	Tuesday 30/06/2026	Wednesday 01/07/2026	Thursday 02/07/2026	Friday 03/07/2026
<p>Join us for a brew, some food or drop-in support</p>	<p>Join us for a brew, some food or drop-in support</p>	July Timetable	July Timetable	July Timetable
<p>Develop your IT Skills with Zoe 10:30am-12pm 'Build your computer confidence and increase your familiarity with the Microsoft package.'</p> 	<p>Explore Digital College 11am-12pm 'Explore online courses such as, CSCS, Logistics, and Food Hygiene'.</p> 			
<p>Lego with Peer Mentor James 12:30-2pm 'Spend time with peers, learn skills such as problem solving, focus, task management.'</p> 	<p>IOM Life Skills (invitation only) with Rebecca 11am-1pm 'Bespoke sessions such as anger management, de-escalation techniques and effective communication.'</p> 			
<p>Women's Only with Zoe 2:30pm-4pm 'Join us for a safe space to talk, share and empower each other.'</p> 	<p>Arts and Crafts with Rebecca and Peer Mentor Michael 1:30-3pm 'Express yourself through painting, drawing or craft activities and display your work in the hub.'</p> 			

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