



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub

CFO Evolution – March 2026



Blackpool CFO Activity Hub
Enterprise Centre, Lytham Road, Blackpool, FY4 1EW

If you ever need a cuppa or a chat, pop in and speak to your support worker.

Contacts:
Christine: 07502299992
Leah: 07501 627639
9:30am – 4:30pm
Monday – Friday

Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th
Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub Hub open from 9:30 for breakfast & drop-in support! 
Housing support session 10am – 12 noon Support identifying housing options and referrals to our Partner Shelter 	Women's Only Session Enrolments 10am to 12noon Meet the team, come and see what the Hub has to offer and enroll!	 CBT with Aisha- All day Appointments Please speak to a Support Worker for an appointment	CV Workshop  Build or improve your CV to take the next step towards employment! 10am to 12noon	"Shine Bright Like a Diamond"  Diamond art with Leah – a mindfulness activity 10am to 11:30am
Through the Gate 1-2pm (Support available for anyone being released from custody) Hub Inductions Meet the team and enroll! 2pm -4pm	Digital College  Access our range of online training courses – including CSCS (including card!) and Construction Traffic Management	Hub Inductions Meet the team, come and see what the Hub has to offer and enroll! No appointment needed 1pm -4pm	Women's Only Session Enrolments 1-2pm Housing / Homelessness support 2-4pm	"Hub" Quiz and Social Grab a brew and take on the staff in our "Hub" Quiz 
Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 



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Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13th
Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 
World Book Day Book Club Celebrate your favourite Books and Characters and a guided reading and reflection session 	"Bored" Games Vanquish boredom and come play some boardgames at the Hub 	 CBT with Aisha- All day Appointments Please speak to a Support Worker for an appointment	 Complete a course with Digital college with our facilitator 10am-12pm	Job Shop 10am to 12noon Supported job search session with access to GC exclusive jobs 
Hub Inductions Meet the team, come and see what the Hub has to offer and enroll! No appointment needed 1pm -4pm	Women's Only Session Enrolments 1-2pm CV Workshop & Jobsearch 2-4pm	Hub Inductions Meet the team, come and see what the Hub has to offer and enroll! No appointment needed 1pm -4pm	Women's Only Hub Induction – meet the team and Enrol. 1-2pm Womens Only Art Therapy Session 2-4pm	"Hub" Quiz and Social Grab a brew and take on the staff in our "Hub" Quiz 
Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 

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Monday 16 th	Tuesday 17 th	Wednesday 18 th	Thursday 19 th	Friday 20 th
Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub Hub open from 9:30 for breakfast & drop-in support! 
Interview Preparation 10am to 12 noon Mock interviews and interview techniques session	 Complete a course with Digital college with our facilitator 10am-12pm	 GBT with Aisha- All day Appointments Please speak to a Support Worker for an appointment First Day of Ramadan Decorating for Ramadan 10:30am – 12:00pm	Hub Inductions Meet the team, come and see what the Hub has to offer and enroll! No appointment needed 9:30am to 12noon	Eid Celebration breakfast 9:30 to 11am 
Hub Inductions Meet the team, come and see what the Hub has to offer and enroll! No appointment needed 1pm -4pm	Women's Only Enrolments 1-2:30pm CV Support Session 2:30 – 4pm Tailor your CV to get you in to work!	 TIPP Session 1-3pm Art and Sculpture session with Archie	Women's Only Enrolments 1-2:30pm Housing Support and Advice 2:30 – 4pm	"Hub" Quiz and Social Grab a brew and take on the staff in our "Hub" Quiz 
Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 

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9:30am – 4:30pm

Monday – Friday



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CFO Evolution – March 2026



Monday 23 th	Tuesday 24 th	Wednesday 25 th	Wednesday 25 th and Thursday 26 th	Friday 27 th
Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 
<p>Through the Gate 10 am to 12 noon</p> <p>Support available for anyone being released from custody</p> <p>Community Wellbeing Packs available where needed</p> 	<p>"Bored" Games</p> <p>Vanquish boredom and come play some boardgames at the Hub</p> 	 <p>CBT with Aisha- All day Appointments</p> <p>Please speak to a Support Worker for an appointment</p> <p>Mindfulness Workshop Anxiety Coping Strategies 10 – 12pm</p>	 <p>2-day workshop</p> <p>Helping participants move closer to employment, training, or self-employment</p> <p>Delivered by people with lived experience of the Prison Service</p> <p>10 am to 3 pm</p> <p>Wednesday 25th and Thursday 26th February</p>	<p>Hub Forum</p> <p>Come and contribute to the direction of the hub. Have your say on what your hub look like and the sessions we put on</p> <p>10-11:30am</p>
<p>Hub Inductions</p> <p>Meet the team, come and see what the Hub has to offer and enroll!</p> <p>No appointment needed</p> <p>1pm –4pm</p>	<p>Women Only</p> <p>Complete a course with Digital College with our facilitator 1 – 2 pm</p> <p>Therapeutic Arts</p> <p>Paint Clay Coasters 2 – 4pm</p>	 <p>TIPP Session</p> <p>1-3pm</p> <p>Art and Sculpture session with Archie</p>	<p>10 am to 3 pm</p> <p>Wednesday 25th and Thursday 26th February</p>	<p>"Hub" Quiz and Social</p> <p>Grab a brew and take on the staff in our "Hub" Quiz</p> <p>1::30 to 3pm</p>
Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 

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Achieve



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9:30am – 4:30pm
Monday – Friday

Monday 30 th	Tuesday 31 st			
Hub open from 9:30 for breakfast & drop-in support! 	Hub open from 9:30 for breakfast & drop-in support! 			
<p>Therapeutic Art Session 10am to 12noon</p> <p>Celebrate one of the great artists and produce some art to brighten up the Hub!</p> 	 <p>Complete a course with Digital college with our facilitator 10am-12pm</p>			
<p>Hub Inductions Meet the team, come and see what the Hub has to offer and enroll!</p> <p>No appointment needed</p> <p>1pm -4pm</p>	<p>Women Only Enrol at the Hub – meet the team!</p> <p>1-2:30pm</p> <p>“Knit & Nat” session A mindful craft session</p> <p>2:30 to 4pm</p>			
Hub open 3pm – 4pm for drop in support 	Hub open 3pm – 4pm for drop in support 			



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