

Huddersfield CFO Activity Hub

The Hub is open Monday to Friday.

Monday and Wednesday are for 1:1s and drop ins.

01132 425522

CFOEvolution@growthco.uk

Huddersfield CFO Activity Hub, Norwich Union House, Market Street, Huddersfield, HD1 2LR



Self: Activities that work on the individual



Relationships: Activities that work with peers/families/friends



Society: Activities contributing to the community outside of the CFO Activity Hub



This programme is funded by HMPPS CFO

October 2026



Monday

All day
1:1 support

Men in Mind

Men's Mental Health Group with Amrit.

A supportive and relaxed space for men to talk, learn practical ways to manage emotions, improve wellbeing, build confidence, and develop positive support networks

10:30am-12:30pm

Arts and Crafts

Explore creativity, build confidence, and express yourself through a variety of art activities in a welcoming and supportive environment. No experience is needed and all abilities are welcome.

13:30pm-15:30pm

Thursday

All day
1:1 support

CBT appointments available

Speak to a member of staff for more information around Cognitive Behavioural Therapy

Week 1,2,3 -

Creative Writing

Using words to bring ideas to life

10:30am - 12:30pm

Week 4 - Music

Showcase your musical talent!

10:30am - 12:30pm

Books, Culture & Conversation

Explore books, culture & wellbeing to encourage learning, discussion & personal growth.

13:30pm - 15:30pm

Access to online fully funded courses:

See our leaflet for top courses! Support to explore the right course for you.

13:00pm - 15:00pm

Friday

All day
1:1 support

Employment Support:

Create a CV or Disclosure letter & prepare for job search & interviews.

Come and see the variety of jobs we have with direct links to employers & support to apply

10:00am - 12:00pm

Cooking on a budget:

Join us for a practical session looking at diet, nutrition, money saving tips and enjoy a freshly cooked meal!

11:00am - 13:00pm

Community Employment Lead 1:1s

See the variety of jobs we have with direct links to employers & support to apply

10:00am - 15:00pm

Open Monday to Friday: Open Monday, Thursday and Friday for activities and 1:1 appointments 9:30am till 4pm on Tuesday and Wednesday

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Support available via your dedicated support worker:

Obtaining ID
Accommodation
Finance/benefit/Debt
Obtaining RTW docs
1:1 Employment support
Financial support available to help you get into work!

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Drop-in Session available for 1:1 Support Monday to Friday

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Reception contact number:
01132 425522

Fully Funded CSCS Courses at the Huddersfield CFO Activity Hub!

19th and 20th November

Complete your **Level 1 Award in Health and Safety in a Construction Environment**, and sit the **CITB Health, Safety & Environment (CSCS)** test. Receive your **Green CSCS card** as well as support to apply for **live vacancies** in construction and other related roles following completion!

Additional sessions

Money management & benefit advice with DWP

Fridays 10:00am-13:00pm

CBT

Access to Cognitive Behavioural Therapy with a therapist, on a 1:1 basis to receive support around your wellbeing, thoughts and processes and trauma.

Employment support

- Create a CV
- Create a Disclosure letter
- 1:1 support with our in house Employment Engagement Consultant
- Access and support to apply for live vacancies
- Understanding Spent vs Unspent Convictions

Accessing ID and Food Banks

Whatever your circumstance, we understand that with the rising cost of living things are hard. We can support you to access Food Banks in your local area.

Support to apply for right to work documents, when trying to find employment:
Birth Certificate or Citizen Card

Digital College

Access to online fully funded courses:

- Food Hygiene
- Foundation in Sales and Marketing
- Fire Safety
- An Introduction to Peer Mentoring
- Introducing the Role of a Security Guard
- ESOL English for the Workplace
- Asbestos Awareness
- COSH
- Safeguarding
- Hospitality Customer Service
- Money Sense
- Planning to start your own business
- CSCS

Access to hundreds of courses, fully funded with access to IT equipment once approved by your Probation Practitioner

